# Which Should I Choose?

#### MEDICAL HOME

Stay connected to your doctor. You can call your medical home for help or advice.

#### Call about common illnesses, such as:

- Fever
- **▶** Flu
- ▶ Sore throat, coughs

# Call for problems that may need care now, such as:

- Severe stomachache
- ▶ Cuts that might need stitches
- ▶ Vomiting that won't stop
- ▶ Infections/severe rashes

#### And always call for:

- ▶ Physicals and shots
- ▶ Help with long-term illnesses
- ▶ To ensure follow-up

#### **EMERGENCY ROOM**

Go to the emergency room when you could die or risk your health if you do not receive help NOW!

#### **Examples:**

- When bleeding won't stop
- ▶ When breathing is very hard
- ▶ After a serious accident
- With a seizure that lasts longer than 5 minutes
- ▶ Chest pain
- ▶ Sudden, severe headache



# **Getting Started**

You may be referred by your doctor, healthcare team, or other service providers who are working with you. Or you may call:

810-953-CHAP (2427)



A PROGRAM OF THE

#### **Greater Flint Health Coalition**

120 W. First Street • Flint, MI 48502

**ph:** 810-953-CHAP (2427) **fx:** 810-853-6826







# CHAP can help you stay healthy





# A medical home is your connection to complete medical care. A medical home could be a doctor's office or community clinic.

Everyone needs a medical home.

#### It is the best place for:

- Physicals
- Sick visits
- Accidents
- Immunizations (shots)
- ▶ Emergency room/Urgent care follow up
- Care for long-term health needs

CHAP (Community Health Access Program) works with you and your doctor to help you stay healthy.

#### We can help:

- Connect you to a medical home
- Link you to other community resources such as food or housing
- ▶ Help with transportation needs
- Arrange for health related interpretation services
- Provide nutritional support and education

#### What is CHAP?

CHAP is a program designed to help you work with your doctor (medical home) to connect you with any health education or support services you may need to ensure the best health outcomes possible.

CHAP's goal is to help you have a stronger connection with your healthcare providers and to help you connect to resources that support a healthy life.

## Who is Eligible?

Adults living in Genesee County who are either enrolled or eligible for any Genesee County Medicaid program or who are uninsured.

### **Transportation**

We know that transportation can be difficult to arrange. Here are some tips to help:

- Plan ahead. With advanced notice, your health plan can help with the costs or arrange to get you to already scheduled medical appointments.
- CHAP may also help arrange transportation for other health needs.

Remember, your doctor knows you best. Use your medical home.





For more information about CHAP, please call 810-953-CHAP (2427).