Wearing a mask is vital to slow the spread of COVID-19. You can spread COVID-19 to others even if you do not have any signs or symptoms. The mask is meant to protect other people from getting infected in case you are sick.

**WHEN TO WEAR YOUR MASK**
- Everyone should wear a mask in public settings and when around people who don’t live in your household, especially when other social distancing measures are difficult to maintain.
- Masks should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- The mask is not a substitute for social distancing. Continue to keep about 6 feet between yourself and others.
- Please remember that there are people who may not be able to medically wear a mask. That is why it is so important for you to do so.

**HOW TO WEAR YOUR MASK**
- Wear a mask that covers your nose and mouth to help protect others in case you’re infected with COVID-19 but are not showing signs or symptoms
- Wear a mask correctly for maximum protection
- Don’t put the mask around your neck or up on your forehead
- Don’t touch the mask, and, if you do, wash your hands or use hand sanitizer to disinfect
- Wash your hands before putting on your mask
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily

michigan.gov/MaskUpMichigan