



Supporting Our Community Through Resilience

The Flint ReCAST (Resiliency in Communities After Stress and Trauma) Program was designed to assist high-risk youth and families in the city of Flint impacted by the Flint Water Emergency.

PURPOSE TRANSFORMING OUR COMMUNITY IN RESPONSE TO TRAUMA

Flint ReCAST is focused on mitigating the impact of trauma, reducing behavioral health inequities, and increasing the opportunities and training for Flint youth through strong community engagement.

VISION LENDING A HELPING HAND

A narrative of youth and family success and well-being will unfold through community empowerment, and will build on the voice and resilience of community residents and existing organizations to support the growth of Flint.

FLINT RECAST IN THE COMMUNITY BUILDING FROM WITHIN

Flint ReCAST aims to engage community residents, local community organizations, the health care community, local public and private universities, and local institutions.

The Flint ReCAST Community Advisory Board (CAB) is composed of 20 members that bring diverse views and ideas from the community to lead decision making for the project. The CAB includes representatives from neighborhoods, community organizations, youth programs, behavioral health, education, law enforcement, workforce development, public health, government, and public safety.

The Flint ReCAST CAB reviews and selects programs and practices through a community-driven process. Strategies used include trauma-informed approaches applied in community engagement programs, evidence-based violence prevention, and trauma-informed behavioral health services, each being culturally and developmentally appropriate.





Approaches to Resilience

THE AIMS OF FLINT RECAST ARE TO:

- Build on an extensive range of local programs and partnerships to empower the Flint community to support at-risk youth and families in developing resilience, reducing violence, and developing a vibrant community.
- Use trauma-informed, evidence-based programming to mitigate potential behavioral health impacts of the Flint Water Emergency on Flint youth and families.
- Integrate several evidence-based violence prevention programs to enhance ongoing community organization led activities to divert high-risk youth from the school to prison pipeline.
- Create a trauma-informed first responder community by providing trauma training to local police, first responders, correction officers, etc.
- Increase capacity for youth and families in the Flint community to support skill building and career opportunities through evidence-based programs.

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For information, please email recast@flint.org

