

FLINT KIDS ARE strong.



FLINT CARES ABOUT KIDS.

See the back of this card
for health care, nutrition,
education resources and more!

#FlintKidsAre

FLINT  **CARES**.com

HEALTH CARE

Flint Water Healthcare Coverage – Health Insurance

1-855-789-5610 or www.michigan.gov/mibridges

Mental Health Counselors or Help with Stress

810-257-3705 or 810-257-3740 for 24-hour Crisis Line

Children's Healthcare Access Program (CHAP) – Find a Doctor and Get Connected to Services

810-953-2427 or www.gfhc.org/chap

Family Supports Coordination Services – In Home Connection to Services (Ages 0-21 or if pregnant)

810-257-3777

Community-wide Healthcare Outreach Events Calendar

www.gfhc.org/outreachevents

FOOD AND NUTRITION

WIC (Women, Infants & Children) Program & Breastfeeding Support

810-237-4537 or 810-237-4550 for Breastfeeding Support

Double UP Food Bucks

1-866-586-2796 or www.doubleupfoodbucks.org/flint/

MSU Extension Breastfeeding Peer Counselor Support

517-432-2752

Flint Fresh – Mobile Market and Veggie Box Program

www.flintfresh.com

Commit to Fit Cooking with Kids Program and Commit to Fit Families Program

810-232-2228 or Email commit2fit@flint.org

Nutrition and Cooking Classes

www.FlintCares.com/nutrition OR www.commit2fit.com/events

EARLY CHILDHOOD EDUCATION

Early On Genesee County Don't Wait, Evaluate. (Ages 0-5)

810-591-KIDS or 810-591-5437

Flint Kids Read Imagination Library – Free Books Mailed Monthly

(Ages 0-5) www.fpl.info/imagination

Free Child Care Program (Ages 0-4)

810-760-7300 or www.michigan.gov/childcare

Head Start (Ages 3-5) and Early Head Start (Ages 0-3)

GCCARD at 810-235-5613, GISD at 810-591-KIDS

Free Pre-School (Ages 3-4)

810-591-KIDS or www.geneseepreschool.org

TRANSPORTATION

MTA Ride to Groceries Program

Flint East 810-767-5541 or Flint West 810-233-4751

Children's Doctor Appointments

Genesee CHAP at 810-953-2427 (CHAP)

SAFE WATER AND HOMES

Community Outreach and Resident Education (CORE) – In Home Water Filter Check or Installation

810-238-6700

Lead Safe Home Program – Free Home Inspections and Repairs

1-866-691-LEAD (5323) or www.michigan.gov/leadsafe

FLINT  **CARES**.com Access services by calling 2-1-1

To receive monthly updates on
Flint's progress, text "Flint" to 64468