Baby Teeth are Important for
Chewing • Speaking • Spacing of Permanent Teeth and Overall Health

Baby Those
Healthy Teeth. Healthy Child.

4 Steps to Baby Your Baby’s Teeth

- Brush your child’s teeth after feeding and at bedtime
- Prevent tooth decay — don’t share foods, drinks, forks, spoons, or toothbrushes — don’t put your baby to bed with a bottle or overuse sippy cups
- Make sure your child has fluoride in toothpaste, water, or from the doctor
- Feed your child healthy foods like cheese, yogurt, peanut butter, vegetables, and milk

Make an appointment for your child to see the dentist beginning at age 1

For additional information regarding your child’s oral health, please call:

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<th>Your child’s dentist or doctor</th>
<th>Mott Children’s Health Center, Department of Pediatric Dentistry (810) 768-7583</th>
<th>Hamilton Community Health Network (810) 785-0863 (810) 743-6830</th>
<th>Genesee District Dental Society (810) 230-3790</th>
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A project of the Greater Flint Health Coalition in partnership with Mott Children’s Health Center and other Genesee County organizations, including Hurley Medical Center.

For additional project information, call 810-232-2228.