

October 2026 Nutrition Resource Calendar*

*dates and times subject to change; sites may close early if all food is distributed

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Food Distribution R.L. Jones COC 10:00am – 12:30pm Food Distribution Greater Holy Temple 10:00am – 12:00pm	Food Distribution Trinity Assembly of God 9:00am – 11:00am Food Distribution St. Luke's N.E.W. Life Center 10:00am	Food Distribution Argentine Church of Nazarene 9:00am – 11:00am
Food Distribution Bethel UMC 9:00am – 11:00am	Food Distribution Every Nation AOG 9:00am – 12:00pm Food Distribution Asbury UMC 9:30am – 11:30am Food Distribution Our Lady of Guadalupe 10:00am – 12:00pm Food Distribution Helping Individuals Succeed 11:00am – 1:00pm	Food Distribution St. Mark COC 9:00am – 11:00am Food Distribution 1st United/Hillside Church 10:00am – 12:00pm Food Distribution Greater Flint Outreach Ctr. 11:00am – 12:30pm Food Distribution Free Food N Stuff 2:00pm – 4:00pm	Food Distribution R.L. Jones COC 10:00am – 12:30pm Food Distribution Greater Holy Temple 10:00am – 12:00pm	Food Distribution Trinity Assembly of God 9:00am – 11:00am Food Distribution St. Luke's N.E.W. Life Center 10:00am	Food Distribution American Muslim Community Services 10:15am – 11:00am
Food Distribution Bethel UMC 9:00am – 11:00am	Food Distribution Every Nation AOG 9:00am – 12:00pm Food Distribution Martus/Luna Food Pantry 9:00am – 1:00pm	Food Distribution 1st United/Hillside Church 10:00am – 12:00pm Food Distribution Greater Flint Outreach Ctr. 11:00am – 12:30pm	Food Distribution Martus/Luna Food Pantry 9:00am – 1:00pm Food Distribution R.L. Jones COC 10:00am – 12:30pm	Food Distribution Trinity Assembly of God 9:00am – 11:00am	Food Distribution Holy Spirit Lutheran 9:00am Food Distribution Flint City Church 10:00am – 11:00am

	Food Distribution Asbury UMC 9:30am – 11:30am Food Distribution Our Lady of Guadalupe 10:00am – 12:00pm Food Distribution Catholic Charities 10:00am – 1:00pm Food Distribution Helping Individuals Succeed 11:00am – 1:00pm	Food Distribution Free Food N Stuff 2:00pm – 4:00pm	Food Distribution Greater Holy Temple 10:00am – 12:00pm Food Distribution New Creation Church of God 9:00am – 1:00pm	Food Distribution St. Luke's N.E.W. Life Center 10:00am	
Food Distribution Bethel UMC 9:00am – 11:00am Food Distribution Flushing New Life Assembly of God 4:30pm – 5:30pm	Food Distribution Every Nation AOG 9:00am – 12:00pm Food Distribution Asbury UMC 9:30am – 11:30am Food Distribution Our Lady of Guadalupe 10:00am – 12:00pm Food Distribution Helping Individuals Succeed 11:00am – 1:00pm	Food Distribution St. Mark COC 9:00am – 11:00am Food Distribution Flushing Community Church of Nazarene 9:00am – 11:00am Food Distribution 1st United/Hillside Church 10:00am – 12:00pm Food Distribution Greater Flint Outreach Ctr. 11:00am – 12:30pm Food Distribution Free Food N Stuff 2:00pm – 4:00pm	Food Distribution R.L. Jones COC 10:00am – 12:30pm Food Distribution Greater Holy Temple 10:00am – 12:00pm	Food Distribution Trinity Assembly of God 9:00am – 11:00am Food Distribution St. Luke's N.E.W. Life Center 10:00am	

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Food Distribution Bethel UMC 9:00am – 11:00am	Food Distribution Every Nation AOG 9:00am – 12:00pm Food Distribution Martus/Luna Food Pantry 9:00am – 1:00pm Food Distribution Asbury UMC 9:30am – 11:30am Food Distribution Our Lady of Guadalupe 10:00am – 12:00pm Food Distribution Helping Individuals Succeed 11:00am – 1:00pm	Food Distribution 1st United/Hillside Church 10:00am – 12:00pm Food Distribution Greater Flint Outreach Ctr. 11:00am – 12:30pm Food Distribution Free Food N Stuff 2:00pm – 4:00pm	Food Distribution Martus/Luna Food Pantry 9:00am – 1:00pm Food Distribution R.L. Jones COC 10:00am – 12:30pm Food Distribution Greater Holy Temple 10:00am – 12:00pm	Food Distribution Trinity Assembly of God 9:00am – 11:00am Food Distribution St. Luke's N.E.W. Life Center 10:00am	Food Distribution Gloria Coles Flint Public Library 11:00am – 1:00pm

LOCATIONS (may close early if all food is distributed)

1st United/Hillside Church

1116 W. Hill Road, Flint, MI 48507

Argentine Church of the Nazarene

16248 Seymour Road, Linden, MI 48451

Bethel United Methodist Church

1309 Ballenger Hwy, Flint, MI 48504

Flint City Church

3230 Richfield Road, Flint, MI 48506

Flushing New Life Assembly of God

8240 Carpenter Road, Flushing, MI 48433

Helping Individuals Succeed

1315 W. Bristol Road, Flint, MI 48507

R.L. Jones Community Outreach Center

6800 N. Dort Highway, Flint, MI 48505

The Salvation Army @ Our Lady of Guadalupe

2316 Coldwater Road, Flint, MI 48505

Catholic Charities

901 Chippewa Street, Flint, MI 48503

Asbury United Methodist Church

1653 Davison Road, Flint, MI 48506

Greater Holy Temple

6702 N. Dort Highway, Flint, MI 48505

Gloria Coles Flint Public Library

1026 E. Kearsley Street, Flint, MI 48503

Free Food N Stuff (@ North End Baptist Church)

7360 N. Clio Road, Mt. Morris, MI 48458

Holy Spirit Lutheran Church

7234 Fenton Road, Grand Blanc, MI 48439

St. Luke's N.E.W. Life Center

3115 Lawndale Avenue, Flint, MI 48504

Trinity Assembly of God

4363 W. Mt. Morris Road, Mt. Morris, MI 48458

American Muslim Community Services

4800 S. Saginaw Street, Flint, MI 48507

New Creation Church of God

G-3472 Lennon Road, Flint, MI 48507

Every Nation Assembly of God

429 NB Chavez Drive, Flint, MI 48503

Flushing Community Church of the Nazarene

9500 W. Pierson Road, Flushing, MI 48433

Greater Flint Outreach Center

1114 University Avenue, Flint, MI 48504

Martus/Luna Food Pantry

3901 Fenton Road, Flint, MI 48507

St. Mark Community Outreach Center

615 W. McClellan Street, Flint, MI 48505

WIC Services

WIC is a free supplemental nutrition program that provides nutrition and health education, healthy food and breastfeeding support to families. WIC is for all kinds of families: pregnant and breastfeeding women, women who just had a baby, parents and legal guardians of infants and children under the age of five. You are automatically eligible for WIC if you are enrolled in Medicaid, SNAP/Food Stamps and Healthy MI Plan. Foster parents with children ages 0-5, on Medicaid or income eligible can qualify for WIC as well. Questions? Call WIC at: 810-237-4537

Breastfeeding Support! WIC Breastfeeding Peer Counselors:

- Offer free classes and breastfeeding club meetings
- Help deal with breastfeeding issues such as painful latch, milk supply and engorgement
- Provide breast pump education for returning to work or school
- Provide Online support

For more breastfeeding support or information call 810-237-4550

United Way of Genesee County 211

Receive free referrals for food, shelter, medical assistance and more. Dial 2-1-1, 1-844-875-9211 or visit www.unitedwaygenesee.org/2-1-1.

Thank you to our dedicated community partners!

