

## October 2025 Nutrition Resource Calendar\*

\*dates and times subject to change; sites may close early if all food is distributed

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Food Distribution 1st United/Hillside Church 10:00am – 12:00pm	Food Distribution Martus/Luna Food Pantry 9:00am – 1:00pm	Food Distribution Trinity Assembly of God 9:00am - 11:00am	Food Distribution Flint City Church 10:00 – 11:00am
		Food Distribution Greater Flint Outreach Ctr. 11:00am – 12:30pm	Food Distribution St. Mark Baptist Church 9:00 – 11:00am	Food Distribution St. Luke's N.E.W. Life Center 10:00am	
		Food Distribution Free Food N Stuff 2:00pm – 4:00pm	Food Distribution R.L. Jones COC 10:00am – 12:30pm	10.00am	
			Food Distribution Greater Holy Temple 10:00am – 12:00pm		
Food Distribution Bethel UMC 9:00am – 11:00am	Food Distribution Every Nation AOG 9:00am – 11:00am	Food Distribution Greater Flint Outreach Ctr. 11:00am – 12:30pm	Food Distribution R.L. Jones COC 10:00am – 12:30pm	Food Distribution Trinity Assembly of God 9:00am – 11:00am	Flint First Wesleyan 10:00 – 11:30am
Food Distribution Clio Community Church 1:00pm	Food Distribution Asbury UMC 9:30am – 11:30am  Food Distribution	Food Distribution Free Food N Stuff 2:00pm – 4:00pm	Food Distribution Greater Holy Temple 10:00am – 12:00pm	Food Distribution St. Luke's N.E.W. Life Center 10:00am	Food Distribution American Muslim Community Services 10:15am – 11:30am
	Our Lady of Guadalupe 10:00am – 12:00pm				
	Food Distribution Helping Individuals Succeed 11:00am – 1:00pm				
Food Distribution Bethel UMC 9:00am – 11:00am	Food Distribution Every Nation AOG 9:00am – 11:00am	Food Distribution Greater Flint Outreach Ctr. 11:00am – 12:30pm	Food Distribution Martus/Luna Food Pantry 9:00am – 1:00pm	Food Distribution Trinity Assembly of God 9:00am – 11:00am	Food Distribution Grand Blanc Holy Spirit Lutheran Church 9:00am – 11:00am

	Food Distribution Martus/Luna Food Pantry 9:00am – 1:00pm  Food Distribution	Food Distribution Free Food N Stuff 2:00pm – 4:00pm  Food Distribution	R.L. Jones COC 10:00am – 12:30pm	Food Distribution St. Luke's N.E.W. Life Center 10:00am	
	Asbury UMC 9:30am – 11:30am	1st United/Hillside Church 5:30 – 7:30pm	Greater Holy Temple 10:00am – 12:00pm		
	Food Distribution Our Lady of Guadalupe 10:00am – 12:00pm				
	Food Distribution Center for Hope 11:00am – 1:00 pm				
Food Distribution	Food Distribution 21	Food Distribution	Food Distribution	Food Distribution 24	Food Distribution 25
Bethel UMC	Every Nation AOG	St. Mark Baptist Church	R.L. Jones COC	Trinity Assembly of God	Fenton Fire Department
9:00am – 11:00am	9:00am – 11:00am	9:00 – 11:00am	10:00am – 12:30pm	9:00am – 11:00am	9:00 – 11:00am
Produce Truck	Food Distribution	Food Distribution	Food Distribution	Food Distribution	
Clio Bethany UMC	Asbury UMC	Montrose Barber Park	Greater Holy Temple	St. Luke's N.E.W. Life	
1:00pm – 2:30pm	9: <mark>30am – 1</mark> 1:30am	9:30 – 11:00am	10:00am – 12:00pm	Center 10:00am	
Food Distribution	Food Distribution	Food Distribution			
Flushing New Life AOG 4:30pm – 5:30pm	Our Lady of Guadalupe 10:00am – 12:00pm	1st U <mark>nited/Hillside Chu</mark> rch 10:00am – <mark>12:0</mark> 0pm			
	Food Distribution Helping Individuals	Food Distribution Greater Flint Outreach Ctr.			
	Succeed 11:00am – 1:00pm	11:00am – 12:30pm			
		Food Distribution			
		Free Food N Stuff 2:00pm – 4:00pm			
Food Distribution	East Distribution	Food Distribution	Food Distribution	Sand Distribution	Flint Fresh Food Hub
Bethel UMC	Food Distribution Every Nation AOG	Greater Flint Outreach Ctr.	Martus/Luna Food Pantry	Food Distribution Trinity Assembly of God	Flint Fresh is dedicated to
9:00am - 11:00am	9:00am – 11:00am	11:00am – 12:30pm	9:00am – 1:00pm	9:00am – 11:00am	ensuring our community
					has access to fresh,
	Food Distribution	Food Distribution	Food Distribution	Food Distribution	healthy foods! Learn more
	Martus/Luna Food Pantry	Free Food N Stuff	R.L. Jones COC	St. Luke's N.E.W. Life	at: https://www.flintfresh.com.
	9:00am – 1:00pm	2:00pm – 4:00pm	10:00am – 12:3 <mark>0pm</mark>	Center 10:00am	intpo.//www.iiiitiileoii.coiii.
	Food Distribution		Food Distribution	10.000111	
	Asbury UMC		Greater Holy Temple		
	9:30am – 11:30am		10:00am – 12:00 <mark>pm</mark>		

Food Distribution Our Lady of Guadalupe 10:00am – 12:00pm		

#### **LOCATIONS** (may close early if all food is distributed)

1st United/Hillside Church

1116 W. Hill Road, Flint, MI 48507

**Argentine Church of the Nazarene** 

16248 Seymour Road, Linden, MI 48451

**Bethel United Methodist Church** 

1309 Ballenger Hwy, Flint, MI 48504

**Flint City Church** 

3230 Richfield Road, Flint, MI 48506

Flushing New Life Assembly of God

8240 Carpenter Road, Flushing, MI 48433

Helping Individuals Succeed

1315 W. Bristol Road, Flint, MI 48507

Martus/Luna Food Pantry

3901 Fenton Road, Flint, MI 48507

R.L. Jones Community Outreach Center

6800 N. Dort Highway, Flint, MI 48505

St. Timothy Lutheran Church

450 E Wilson Rd, Otisville, MI 48463

2<sup>nd</sup> Chance Church @ Beecher Football Field

1020 Coldwater Road, Flint, MI 48505

**Asbury United Methodist Church** 

1653 Davison Road, Flint, MI 48506

Community Church of God

1215 W. Vienna Street, Clio, MI 48420

Flint First Wesleyan

3825 Davison Road, Flint, MI 48506

Free Food N Stuff (@ North End Baptist Church)

7360 N. Clio Road, Mt. Morris, MI 48458

Holy Spirit Lutheran Church

7234 Fenton Road, Grand Blanc, MI 48439

**Montrose Barber Park** 

11410 Seymour Road, Montrose, MI 48457

St. Luke's N.E.W. Life Center

3115 Lawndale Avenue, Flint, MI 48504

The Salvation Army @ Our Lady of Guadalupe

2316 Coldwater Road, Flint, MI 48505

American Muslim Community Services

4800 S. Saginaw Street, Flint, MI 48507

Bethany United Methodist Church

353 E. Vienna Street, Clio, MI 48420

**Every Nation Assembly of God** 

429 NB Chavez Drive, Flint, MI 48503

Flushing Community Church of the Nazarene

9500 W. Pierson Road, Flushing MI 48433

**Greater Flint Outreach Center** 

1114 University Avenue, Flint, MI 48504

**International Academy of Flint** 

2820 Saginaw Street, Flint, MI 4

Mt. Morris Christian Faith Church

2451 E. Mt. Morris Road, Mt Morris, MI 48458

St. Mark Community Outreach Center

615 W. McClellan Street, Flint, MI 48505

Trinity Assembly of God

4363 W. Mt. Morris Road, Mt. Morris, MI 48458

# Thank you to our dedicated community partners!















#### **United Way of Genesee County 211**

Receive free referrals for food, shelter, medical assistance and more. Dial 2-1-1, 1-844-875-9211 or visit www.unitedwaygenesee.org/2-1-1.

#### **WIC Services**

WIC is a free supplemental nutrition program that provides nutrition and health education, healthy food and breastfeeding support to families. WIC is for all kinds of families: pregnant and breastfeeding women, women who just had a baby, parents and legal guardians of infants and children under the age of five. You are automatically eligible for WIC if you are enrolled in Medicaid, SNAP/Food Stamps and Healthy MI Plan. Foster parents with children ages 0-5, on Medicaid or income eligible can qualify for WIC as well. Questions? Call WIC at: 810-237-4537

### Breastfeeding Support! WIC Breastfeeding Peer Counselors:

- Offer free classes and breastfeeding club meetings
- Help deal with breastfeeding issues such as painful latch, milk supply and engorgement
- Provide breast pump education for returning to work or school
- Provide Online support

For more breastfeeding support or information call 810-237-4550