

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>STAY INFORMED!</b></p> <p>There are many more food pantries and food distributions sites throughout Genesee County! Find them and the <b>latest schedule updates</b> via the Genesee County Food Pantry Network Facebook page.</p>	<p><b>Crim Food Navigator at the Flint Farmers' Market</b></p> <p>Join the Crim on the first Tuesday of each month from 12:00 pm to 1:00 pm for a cooking demonstration in the ELGA Demonstration Kitchen!</p>	<p><b>NEW YEAR'S DAY</b> 1</p>	<p><b>Food Distribution</b> 2 R.L. Jones COC 10:00am – 12:30pm</p>	<p><b>Food Distribution</b> 3 St. Luke's N.E.W. Life Center 10:00am</p>	<p><b>Food Distribution</b> 4 Flint City Church 10:00am – 12:00pm</p>
<p><b>Food Distribution</b> 6 Bethel UMC 9:00am – 11:00am</p>	<p><b>Food Distribution</b> 7 Every Nation AOG 9:00am – 12:00pm</p> <p><b>Food Distribution</b> Martus/Luna Food Pantry 9:00am – 1:00pm</p> <p><b>Food Distribution</b> Salvation Army – Beecher 10:00am – 12:00pm</p> <p><b>Food Distribution</b> Asbury UMC 10:00am – 12:00pm</p> <p><b>Food Distribution</b> Helping Individuals Succeed 11:00 am – 1:00 pm</p>	<p><b>Food Distribution</b> 8 St. Mark MBC 9:00am – 10:30pm</p> <p><b>Food Distribution</b> 1<sup>st</sup> United Food Pantry 10:00am – 12:00pm</p> <p><b>Food Distribution</b> Greater Flint Outreach Ctr. 11:00am – 12:30pm</p> <p><b>Food Distribution</b> Free Food N Stuff 2:00pm – 4:00pm</p>	<p><b>Food Distribution</b> 9 Martus/Luna Food Pantry 9:00am – 1:00pm</p> <p><b>Food Distribution</b> R.L. Jones COC 10:00am – 12:30pm</p>	<p><b>Food Distribution</b> 10 Trinity Assembly of God 9:00am – 11:00am</p> <p><b>Food Distribution</b> St. Luke's N.E.W. Life Center 10:00am</p>	<p><b>Food Distribution</b> 11 Argentine Church of the Nazarene 9:45 am</p> <p><b>Food Distribution</b> Flint First Wesleyan 10:00 am</p> <p><b>Food Distribution</b> American Muslim Community Services 10:15am – 11:00am</p>
<p><b>Food Distribution</b> 13 Bethel UMC 9:00am – 11:00am</p>	<p><b>Food Distribution</b> 14 Every Nation AOG 9:00am – 12:00pm</p>	<p><b>Food Distribution</b> 15 Greater Flint Outreach Ctr. 11:00am – 12:30pm</p>	<p><b>Food Distribution</b> 16 R.L. Jones COC 10:00am – 12:30pm</p>	<p><b>Food Distribution</b> 17 Trinity Assembly of God 9:00am – 11:00am</p>	<p><b>Food Distribution</b> 18</p>

	<p><b>Food Distribution</b> Salvation Army – Beecher 10:00am – 12:00pm</p> <p><b>Food Distribution</b> Asbury UMC 10:00am – 12:00pm</p> <p><b>Food Distribution</b> Helping Individuals Succeed 11:00 am – 1:00 pm</p>	<p><b>Food Distribution</b> Free Food N Stuff 2:00pm – 4:00pm</p>		<p><b>Food Distribution</b> St. Luke's N.E.W. Life Center 10:00am</p>	
20	21	22	23	24	25
<p><b>Food Distribution</b> Bethel UMC 9:00am – 11:00am</p> <p><b>Food Distribution</b> Flushing New Life Assembly of God 4:30pm – 5:30pm</p>	<p><b>Food Distribution</b> Every Nation AOG 9:00am – 12:00pm</p> <p><b>Food Distribution</b> Martus/Luna Food Pantry 9:00am – 1:00pm</p> <p><b>Food Distribution</b> Salvation Army – Beecher 10:00am – 12:00pm</p> <p><b>Food Distribution</b> Asbury UMC 10:00am – 12:00pm</p> <p><b>Food Distribution</b> Helping Individuals Succeed 11:00 am – 1:00 pm</p>	<p><b>Food Distribution</b> 1<sup>st</sup> United Food Pantry 10:00am – 12:00pm</p> <p><b>Food Distribution</b> Greater Flint Outreach Ctr. 11:00am – 12:30pm</p> <p><b>Food Distribution</b> Free Food N Stuff 2:00pm – 4:00pm</p>	<p><b>Food Distribution</b> Martus/Luna Food Pantry 9:00am – 1:00pm</p> <p><b>Food Distribution</b> R.L. Jones COC 10:00am – 12:30pm</p>	<p><b>Food Distribution</b> Trinity Assembly of God 9:00am – 11:00am</p> <p><b>Food Distribution</b> St. Luke's N.E.W. Life Center 10:00am</p>	
27	28	29	30	31	
<p><b>Food Distribution</b> Bethel UMC 9:00am – 11:00am</p>	<p><b>Food Distribution</b> Every Nation AOG 9:00am – 12:00pm</p> <p><b>Food Distribution</b> Salvation Army – Beecher 10:00am – 12:00pm</p> <p><b>Food Distribution</b> Asbury UMC 10:00am – 12:00pm</p> <p><b>Food Distribution</b> Helping Individuals Succeed 11:00 am – 1:00 pm</p>	<p><b>Food Distribution</b> Greater Flint Outreach Ctr. 11:00am – 12:30pm</p> <p><b>Food Distribution</b> Free Food N Stuff 2:00pm – 4:00pm</p>	<p><b>Food Distribution</b> R.L. Jones COC 10:00am – 12:30pm</p>	<p><b>Food Distribution</b> Trinity Assembly of God 9:00am – 11:00am</p> <p><b>Food Distribution</b> St. Luke's N.E.W. Life Center 10:00am</p>	<p><b>Flint Fresh Food Hub</b></p> <p>Flint Fresh is dedicated to ensuring our community has access to fresh, healthy foods! Learn more at: <a href="https://www.flintfresh.com">https://www.flintfresh.com</a>.</p>

**LOCATIONS** (may close early if all food is distributed)

**1st United/Hillside Church**

1116 W. Hill Road, Flint, MI 48507

**Argentine Church of the Nazarene**

16248 Seymour Road, Linden, MI 48451

**Bethel United Methodist Church**

1309 Ballenger Hwy, Flint, MI 48504

**Flint City Church**

3230 Richfield Road, Flint, MI 48506

**Flushing New Life Assembly of God**

8240 Carpenter Road, Flushing, MI 48433

**Greater Flint Outreach Center**

1114 University Avenue, Flint, MI 48504

**Martus/Luna Food Pantry**

3901 Fenton Road, Flint, MI 48507

**St. Francis Xavier Catholic Church**

212 Center Street, Otisville, MI 48463

**South Flint Soup Kitchen**

3410 Fenton Road, Flint, MI 48507

**2<sup>nd</sup> Chance Church @ Beecher Football Field**

1020 Coldwater Road, Flint, MI 48505

**Asbury United Methodist Church**

1653 Davison Road, Flint, MI 48506

**Community Church of God**

1215 W. Vienna Street, Clio, MI 48420

**Flint First Wesleyan**

3825 Davison Road, Flint, MI 48506

**Free Food N Stuff (@ North End Baptist Church)**

7360 N. Clio Road, Mt. Morris, MI 48458

**Helping Individuals Succeed**

1315 W. Bristol Road, Flint, MI 48507

**Montrose Barber Park**

11410 Seymour Road, Montrose, MI 48457

**St. Luke's N.E.W. Life Center**

3115 Lawndale Avenue, Flint, MI 48504

**The Salvation Army – Beecher Corps**

1475 W. Coldwater Road, Flint, MI 48505

**American Muslim Community Services**

4800 S. Saginaw Street, Flint, MI 48507

**Bethany United Methodist Church**

353 E. Vienna Street, Clio, MI 48420

**Every Nation Assembly of God**

429 NB Chavez Drive, Flint, MI 48503

**Flushing Community Church of the Nazarene**

9500 W. Pierson Road, Flushing MI 48433

**Grace Emmanuel Baptist Church**

3502 Lapeer Road, Flint, MI 48503

**Holy Spirit Lutheran Church**

7234 Fenton Road, Grand Blanc, MI 48439

**R.L. Jones Community Outreach Center**

6800 N. Dort Highway, Flint, MI 48505

**St. Mark Community Outreach Center**

615 W. McClellan Street, Flint, MI 48505

**Trinity Assembly of God**

4363 W. Mt. Morris Road, Mt. Morris, MI 48458

## Thank you to our dedicated community partners!



### WIC Services

WIC is a free supplemental nutrition program that provides nutrition and health education, healthy food and breastfeeding support to families. WIC is for all kinds of families: pregnant and breastfeeding women, women who just had a baby, parents and legal guardians of infants and children under the age of five. You are automatically eligible for WIC if you are enrolled in Medicaid, SNAP/Food Stamps and Healthy MI Plan. Foster parents with children ages 0-5, on Medicaid or income eligible can qualify for WIC as well. Questions? Call WIC at: 810-237-4537

### Breastfeeding Support! WIC Breastfeeding Peer Counselors:

- Offer free classes and breastfeeding club meetings
- Help deal with breastfeeding issues such as painful latch, milk supply and engorgement
- Provide breast pump education for returning to work or school
- Provide Online support

For more breastfeeding support or information call 810-237-4550

### United Way of Genesee County 211

Receive free referrals for food, shelter, medical assistance and more. Dial 2-1-1, 1-844-875-9211 or visit [www.unitedwaygenesee.org/2-1-1](http://www.unitedwaygenesee.org/2-1-1).