



Flint Resiliency in Communities After Stress and Trauma (ReCAST) Project aims to assist high risk youth and families by supporting the recovery and rebuilding of our vibrant community through resilience and equity.



## PROJECT GOALS AND OBJECTIVES

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### **Behavioral Health: Increase the capacity of trauma-informed practices and strengthen the integration of behavioral health services to improve equitable access**

- **Objective 1.1:** By the end of Year 1, increase capacity of the GHS Mobile Health Unit and Virtual Behavioral Health Center by 20%
- **Objective 1.2:** Annually train 150 (750 total by the end of the grant period) education providers, faith-based staff, clergy, community providers, public health providers, and city employees in trauma-informed approaches
- **Objective 1.3:** During Years 2 and 3, organize individual and group counseling/mental health promotion as well as mental health literacy training for families, returning citizens, and active duty military personnel to reach 100 community members
- **Objective 1.4:** Expand the partnership with the local police departments to provide annual training on trauma informed policy and practices
- **Objective 1.5:** By the end of Year 5, increase self-care activities to reduce compassion fatigue by 25% in local first responders

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### **Race & Equity: Establish a co-learning and empowering process to address racial and social inequality in our community inclusive of participatory approaches**

- **Objective 2.1:** By the end of Year 1, develop and implement an equitable participatory budgeting process by ensuring 25% of funded ReCAST activities are identified by the community.
- **Objective 2.2:** Annually train 150 (750 total by the end of the grant period) education providers, mental health professionals, faith-based staff, clergy, community providers, public health providers, and city employees in implicit bias and cultural competency

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### **Youth Support & Development: Increase capacity and implementation of evidence- and community-based youth engagement programs through community partnerships to promote positive youth development**

- **Objective 3.1:** Annually support the Community Mini Grant Program, which provides cross-agency collaborations that build capacity among youth-serving programs
- **Objective 3.2:** Annually engage 100 youth in career development services to support them in reaching their career potential
- **Objective 3.3:** By the end of Year 2, increase youth training by 25% in mental health promotion and/or mental health first aid to build capacity for peer support services

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### **Public Safety & Violence Prevention: Improve law enforcement practices and policies by aligning and expanding initiatives aimed at building relationships in the community**

- **Objective 4.1:** Provide quarterly opportunities for youth-led activities that promote positive, consistent engagement with law enforcement officers to improve relationships
- **Objective 4.2:** Annually sustain and grow City-wide sports programming that includes both mental and physical health components to prevent crime and youth violence



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