



JOIN A GROUP VISIT AND TAKE CONTROL OF YOUR DIABETES

DIABETES GROUP VISITS PROVIDE:

- More time with your doctor
- A chance to learn from other people
- Tips for managing your diabetes

Group visits are a best-practice treatment model in which you share a 2 hour doctor appointment with 7 to 10 other people. Adult family members are welcome to attend with the participant.

In a group visit, participants choose the topics, learn together, and share problems and solutions. Your doctor participates and offers private medical exams as needed.

Make an appointment for a Diabetes Group Visit

WITH DR. _____
DATE _____
TIME _____

PATIENTS FIND SUCCESS WITH GROUP VISITS

“Group meetings have helped me get better control of my diabetes than I have ever had before. The talk around the table between the patients has been even more helpful than what doctors have been telling me for years.”

– Mary G.

“In the last 4 years, I do not think I’ve missed more than a few of the meetings. I have found them to be very helpful, especially when it comes to motivating me to take better care of myself. I learn something new every time I come.”

– Tom Z.

ASK YOUR DOCTOR ABOUT DIABETES GROUP VISITS!

If you would like to take part in a Diabetes Group Visit, ask your doctor if he or she provides them. If they do not, ask them if they would think about it. Tell your doctor:

- I am interested in Diabetes Group Visits (and I am sure others are too)
- Doctors find group visits increase productivity, satisfaction and patient outcomes
- The Greater Flint Health Coalition has the resources doctors need to start group visits. Contact them at 810-232-2228 or gfhc@flint.org.

Share this card with your doctor!

